

# INSPIRING & UPLIFTING

## NON-FICTION

<b>MITCH ALBOM</b>	<i>Tuesdays with Morrie</i>
<b>MAYA ANGELOU</b>	<i>I Know Why the Caged Bird Sings</i>
<b>JEAN-DOMINIQUE BAUBY</b>	<i>The Diving-bell and the Butterfly</i>
<b>JAMES BOWEN</b>	<i>A Street Cat Named Bob</i>
<b>BILL BRYSON</b>	<i>A Walk in the Woods</i>
<b>LANI BRENNAN</b>	<i>Lani's Story</i>
<b>HELEN BROWN</b>	<i>Cleo; After Cleo Came Jonah; Bono</i>
<b>PATRIZIA COLLARD</b>	<i>Journey into Mindfulness</i>
<b>CLAIRE DUNN</b>	<i>My Year without Matches</i>
<b>GERALD DURRELL</b>	<i>My Family and Other Animals</i>
<b>DELIA EPHRON</b>	<i>Left on Tenth</i>
<b>ELIZABETH GILBERT</b>	<i>Eat, Pray, Love</i>
<b>JOHN GROGAN</b>	<i>Marley and Me</i>
<b>SUE HALPERN</b>	<i>A Dog Walks into a Nursing Home</i>
<b>TAMAR HASPEL</b>	<i>To Boldly Grow</i>
<b>HELENE HANFF</b>	<i>84, Charing Cross Road</i>
<b>LAURA HILLENBRAND</b>	<i>Unbroken: an extraordinary true story of courage and survival</i>
<b>SPENCER JOHNSON</b>	<i>Who Moved My Cheese?</i>
<b>IRMA KURTZ</b>	<i>About Time: growing old disgracefully</i>

# CONTINUED...

JENNY LAWSON	<i>Let's Pretend This Never Happened; Furiously Happy</i>
JANICE MACLEOD	<i>Paris Letters</i>
JAMES MASSOLA	<i>The Great Cave Rescue</i>
CAITLIN MORAN	<i>How to Be a Woman</i>
SALLY MORGAN	<i>My Place</i>
GREG MORTENSON	<i>Three Cups of Tea</i>
MUNJED AL MUDERIS	<i>Walking Free</i>
ANN PATCHETT	<i>These Precious Days</i>
AMY POEHLER	<i>Yes Please</i>
SHONDA RHIMES	<i>Year of Yes</i>
GRETCHEN RUBIN	<i>The Happiness Project</i>
WILL SCHWALBE	<i>The End of Your Life Book Club</i>
SAMI SHAH	<i>I, Migrant</i>
MARGOT LEE SHETTERLY	<i>Hidden Figures</i>
CHERYL STRAYED	<i>Wild: a journey from lost to found</i>
ECKHART TOLLE	<i>Peace in the Present Moment</i>
JENNIFER WEINER	<i>Hungry Heart</i>
TARA WESTOVER	<i>Educated</i>
JEANETTE WINTERSON	<i>Why Be Happy When You Could Be Normal?</i>
MALALA YOUSAFZAI	<i>I Am Malala</i>